



SINGAPORE SILAT FEDERATION ATHLETES COMMISSION

The SSF Athletes Commission is a program supported by Singapore Silat Federation with a purpose of representing Pencak Silat athletes in Singapore Silat Federation since March 2018.

Singapore Silat Federation has significantly strengthened its support to athletes, and it is now our aim to build upon this and the great work of former SSF Athletes Commission.

The protection and promotion of clean and fair sport is at the heart of our work and as alumni athletes ourselves, we know the importance of competing on a level playing field. We are ready to engage with all athletes across all ages and we will ensure we understand their perspective and can engage with the entire SSF management to ensure their voice is part of the decision-making process. We must ensure clean and fair sport, and this is a philosophy we embed within all of our responsibilities.

But more than anything, being all in must symbolize our collective mentality. As athletes, we know that success can only be achieved by committing ourselves 100%. Together with the support from Singapore Silat Federation, we must now show all of this commitment as we turn our strategy from paper to practice.

Our vision is to promote a conducive and supportive environment for pencak silat athletes under Singapore Silat Federation to achieve their maximum potential from as young as 3 years old. The body will establish opportunities or platform for athletes to connect, develop, educated, and be heard.

The mission of SSF's Athletes Commission is to ensure that the athletes' viewpoint remain at the heart of SSF movements. The responsibilities of the SSF Athlete Commissions are to:

- Represent the views and opinions of the athletes and ensure their voice is heard within SSF
- Inform athletes about SSF activities (i.e., educational tools, rules and regulations, qualification guidelines)
- Work with and support SSF in its mission to develop and promote the sport; and

- Empower Athlete Representation in SSF decision-making processes.
- Support Athlete Development in their sporting and non-sporting careers.
- Promote Athlete Involvement in decision-making across Singapore Silat Federation
- Consider issues and projects related to athletes and to provide advice to SSF
- Engage actively with initiatives and projects that protect and support athletes on and off the field of play.
- Be the spokesperson of Singapore Silat Federation to athletes

The objectives of the Commission are to:

- Consider issues related to athletes and provide advice to SSF.
- Engage actively with initiatives and projects that protect and support clean athletes on and off the field of play.
- Represent the rights and interests of athletes and make related recommendations
- Consult with athletes in the evaluation of the rules and regulations of pencak silat and subsequently provide feedback to SSF; and
- Maintain contact with SSF

Composition of the Commission

1. The Commission should have a minimum of three (3) members and maximum of seven (7) members. They should be at least 21 years of age
2. Commission members must not commit have any past records under Singapore Law, Anti – Doping Singapore, World Anti – Doping, having / had a case with Singapore Silat Federation within the past 5 years.

3. Individuals who have cases with SSF are not allowed to be part of the Athletes' Commission
4. The Commission should be composed of alumni of SSF National Athletes
5. Both sexes should be represented within the Commission
6. Members of the Commission must be elected by SSF National Athletes
7. The Commission should elect its chairman from among those members who have been elected to the Commission by their peers and the Chair may serve in this role for two (2) years
8. The term of Commission members can be for two (2) years, or in the case of filing a casual vacancy.

Meetings of the Athletes' Commission

1. The Commission should meet at least once every 3 months
2. The SSF administration should be responsible for ensuring, within the means of the SSF, that the Commission is able to meet

Having an Athletes' Commission is a clear demonstration of an organization's commitment to good governance, benefiting both the athletes and the organization.

An Athletes' Commission can strengthen the decision-making process by:

Ensuring that all decision across the organization consider the impact on the athletes

Providing a platform and resource for discussion and research related to new ideas and issues

Providing advice and a perspective straight from the field of play

Consulting with athletes and providing early feedback on potential decisions that will affect them

Strengthening links with athletes through peer-to-peer communication

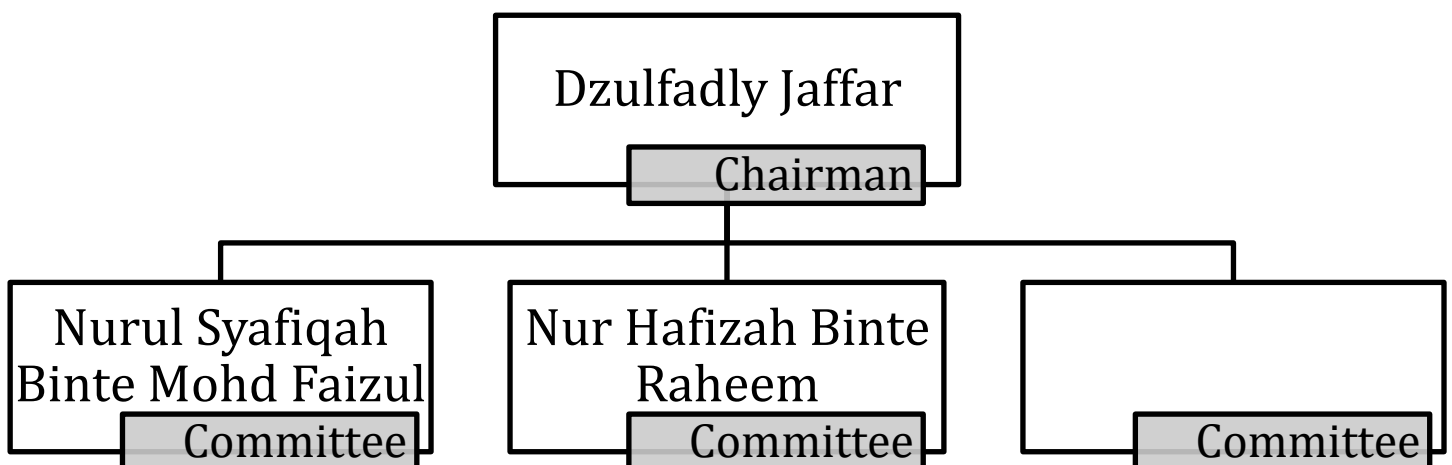
An Athletes' Commission can also benefit the organization by:

Updating athletes about the organization's activities from on informed position

Becoming ambassadors and supporting the organization in its mission to develop and promote the sport

Being a point of contact for the athlete community to support both athletes and the organization's communications

MEMBERS OF THE COMMISSION



With a new strategy, we have a clear focus for our national athletes in coming years

We have the full support from Singapore Silat Federation and the best management and the right programs in place to delivery our strategy.

As athletes, we are aware that we will not achieve long – term goal in short term but constantly measuring our progress. It is the constant strive as a committee to improve and ability to measure will be the key to the success delivery of our strategy.

To be successful we must listen to and understand athletes to ensure they are both represented and supported. We will only be successful if we are responsive to the athletes' needs and serve them each day.

END

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SGSILAT